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# Fluorescence resonance energy transfer from pyrene nanoparticles to riboflavin: Spectroscopic insights and analytical application

Dhanshri V. Patil<sup>a\*</sup> & Vishal S. Patil<sup>b</sup>

<sup>a</sup>Department of Chemistry, Krishna Mahavidyalaya, Rethare, Bk-415 108, Maharashtra India <sup>b</sup>Department of Chemistry, Sanjeevan Engineering & Technology Institute, Panhala-416 201, Maharashtra India \*E-mail: dtp.phy@gmail.com

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The aqueous suspension of fluorescent pyrene nanoparticles (PyNPs) have been prepared by a reprecipitation method in the presence of sodium dodecyl sulphate (SDS) as a stabilizer. The PyNPs shows bathochromically shifted aggregation induced enhanced emission in the spectral region 400 nm to 600 nm peaking at 466 nm where Riboflavin (RF) absorbs strongly. The systematic fluorescence resonance energy transfer (FRET) experiments performed by measuring fluorescence quenching of PyNPs with successive addition of RF analyte has exploited the use of PyNPs as nano probe for detection of RF in aqueous solution with lower limit of detection  $10.163 \times 10^{-5}$  mol.L<sup>-1</sup>. The fluorescence of PyNPs is quenched by RF and quenching is in accordance with the Stern-Volmer relation. The distance r between the donor (PyNPs) and acceptor (RF) molecules has been obtained according to the FRET method. The evaluation of photo kinetic and thermodynamic parameters such as quenching rate constant (k<sub>q</sub>), enthalpy change ( $\Delta$ H), Gibbs free energy change ( $\Delta$ G) and entropy change ( $\Delta$ S) are calculated by quenching results obtained at different constant temperatures. The proposed FRET method based on fluorescence quenching of PyNPs is used further to develop an analytical relation for estimation of RF from pharmaceutical samples available commercially in the market.

Keywords Fluorescent pyrene nanoparticles, Riboflavin, Fluorescence resonance energy transfer

Riboflavin (7, 8-dimethyl-10-ribityl-isoalloxazine) also known as vitamin  $B_2$  is a yellow fluorescent dye, unique among the water soluble vitamins and present in a wide variety of foods. It was firstly isolated from milk and given the name lactochrome. It can be crystallized as orange-yellow crystals<sup>1,2</sup>. This vitamin is an essential component of two major coenzymes flavin adenine mononucleotide (FMN, also known as riboflavin-5'-phosphate), and flavin adenine dinucleotide (FAD). These coenzymes play major roles in energy production, cellular function, growth, and development, and metabolism of fats, drugs, and steroids<sup>3-5</sup>. Various modern investigations strongly recommend that RF has tremendous potential to be used in improving the chemotherapeutic potential of major anticancer drugs<sup>6</sup>. It is very stable during thermal processing, storage and food preparation. It cannot be synthesized in the human body; therefore it must be obtained from dietary sources such as liver, cheese, milk, meat, eggs, wine and tea. Thus, consumption of vitamin B<sub>2</sub> depleted food can result in health problem. RF and related compounds are necessary for cell growth and development. On the

other hand, its concentration in blood must be controlled while most of it is excreted through urine.<sup>7–9</sup>. The absorption spectrum of RF shows two bands peaking at 372 nm and 445 nm and is known for its characteristic fluorescence<sup>10</sup>.

Fluorescence resonance energy transfer (FRET) is a non-radiative process whereby an excited state donor (D) transfers energy to a ground state acceptor (A). The donor and acceptor molecules are coupled by a dipoledipole interaction. There is no intermediate photon in FRET, and it mainly occurs over distances comparable to most biological macromolecules, i.e., about 10-100 Å<sup>2,11-12</sup>. Organic probes based on fluorescence quenching approach are widely used for detection and sensing of molecules of physicochemical, biological and environmental concern<sup>13-14</sup>. Perylene, anthracene and pyrene are the most extensively used probes in micellar medium because of their high fluorescence biomolecules<sup>15</sup>, efficiency sense quantum to pharmaceutical samples<sup>16</sup>, dyes<sup>17</sup>, and metal ions<sup>18</sup>. On the other hand, the use of aggregation-induced enhanced emission of nanoparticle suspension is of current research interest<sup>19,20</sup>. The technique of analysis

is based on FRET from pyrene nanoprobe to analyte (RF) molecule. A simple, sensitive and selective fluorimetric detection method is developed for estimation of RF (vitamin  $B_2$ ) from pharmaceutical samples.

### **Materials and Methods**

Pyrene (Merck-Schuchart) and Riboflavin (Lobachemie) were used after purity testing. The purity of the compounds was checked by recording their fluorescence spectra at different excitation wavelengths and comparing the values obtained with those reported in the literature. Sodium dodecyl sulphate (SDS) was from SD Fine Chemicals Ltd. and used to generate micellar medium by dissolving in ultrapure water (Millipore, France). The fluorescence and fluorescence excitation measurements were carried out on a PC-based spectrofluorimeter JASCO, Japan (Model FP-750). The excitation and emission slit widths were fixed at 10 nm. The absorption spectra were recorded on Shimadzu UV-3600 spectrophotometer.

The pyrene nanoparticles were prepared by reprecipitaion method. The method involved to prepare dilute solution of pyrene  $(6.82 \times 10^{-3} \text{ mol.L}^{-1})$ in acetone which yielding the monomer fluorescence when recorded under the appropriate excitation wavelength. The surfactant SDS was used and it is found that the solution below critical micelle concentration yielded PyNPs with narrow size distribution, dispersity and with high photo stability. Therefore,  $3.6 \times 10^{-3}$  mol.L<sup>-1</sup> SDS concentration was selected for synthesis of PyNPs. The solution of pyrene in acetone was filled in micro syringe and then purged into aqueous solution of SDS under vigorous stirring. The stirring was carried out for about one hour and further subjected to the ultrasonication for about 30 min so as to prolong the stability. The procedure for preparation of PyNPs and all characterization results were reported in our published article <sup>20</sup>. The RF solution of  $(1 \times 10^{-4} \text{ mol.L}^{-1})$  was prepared by dissolving calculated amount directly in water and the prepared PyNPs solution was used as energy donor solution in the experiment. An appropriate quantity of PyNPs  $(1.4 \times 10^{-4} \text{ mol.L}^{-1})$ was kept constant while RF was varied from 0.0 to 1.8 mL and diluted to 5 mL by using water.

#### **Results and Discussion**

# Photophysical studies on riboflavin and pyrene nanoparticles

The excitation spectrum of RF (A) shows two bands depicting  $\lambda_{max}$  at 446 nm and the emission

spectrum (B) is structureless with  $\lambda_{max}$  at 527 nm shown in Fig. 1. The fluorescence spectrum of PyNPs (spectrum- B, Fig. 2) monitored at excitation wavelength 360 nm is a structureless broad band in the region of 380 nm to 600 nm with maximum emission at 466 nm. In the initial, experiments were performed to search the suitable acceptor to PyNPs for formation of donor-acceptor pair. It is observed that RF exhibits strong absorption/excitation in the region of emission of PyNPs (Fig. 1).

The photophysical studies on RF and PyNPs led us to select the PyNPs as a probe (donor) and RF as energy acceptor. These interactions are resulting into fluorescence quenching of PyNPs and establishes the analytical relation for determination of RF from pharmaceutical samples. Fig. 3 shows that there is an overlap between the fluorescence emission spectrum of PyNPs and excitation spectrum of RF which is basic condition required for efficient FRET.



Fig. 1 — The excitation (spectrum-A) and emission (spectrum-B) spectra of RF in aqueous medium.



Fig. 2 — Fluorescence spectra of the dilute solution of pyrene in acetone (spectrum-A) and PyNPs in suspension (spectrum-B).



Fig. 3 — Overlap spectra of fluorescence emission of PyNPs (spectrum-D) and excitation of RF (spectrum-A).

UV-visible absorption spectroscopy is very simple and effective method to explore the structural change and to know the complex formation in solution<sup>21</sup>. The results of the UV-visible spectral scans are presented in Fig. 4. The spectrum 'a' and spectrum 'k' are of pure PyNPs and RF, respectively. The PyNPs shows two peaks one at 265 nm due to aromaticity and another broad band in the region 320-500 nm due to strong  $\pi$ - $\pi$  stacking interactions of the neighboring molecules in the nanoparticles cluster <sup>22</sup>. RF gives four peaks with maximum absorption at 225 nm, 265 nm, 377 nm and 445 nm. Hence, it is observed that with increasing concentration of RF the absorption intensity also increases without any spectral shift giving idea about the absence of ground-state complex formation and existence of dynamic quenching in present PyNPs-RF system. Dynamic quenching is observed due to diffusion and it affects only the excited state of quenching molecule while it has no effect on the absorption spectrum of the quenching substances<sup>2</sup>.

# Fluorescence quenching of PyNPs by excited state interaction with RF

Fluorescence quenching refers to any process that decreases the fluorescence intensity of a probe by molecular interaction<sup>23</sup>. The fluorescence spectra of PyNPs in absence and presence of different concentrations of RF scanned in the range 370-650 nm at 305 K temperature are shown in Fig. 5. The spectra reveal that the PyNPs has fluorescence emission band in the region 370-550 nm with  $\lambda_{max}$  at 466 nm when excited at 360 nm. The fluorescence intensity of PyNPs decreases gradually with increase in concentration of RF. The isoemissive point seen clearly at 492 nm indicates excited state equilibrium



Fig. 4 — Absorption spectra of PyNPs ( $6.8 \times 10^{-5} \text{ mol.L}^{-1}$ ) in absence and presence of different concentrations of RF (spectra from a to j) corresponding to [0.0, 0.4, 0.8, 1.2, 1.6, 2.0, 2.4, 2.8, 3.2, 3.6] × 10<sup>-5</sup> mol.L<sup>-1</sup> and spectrum-k is of pure RF at 305 K.



Fig. 5 — The fluorescence quenching spectra of PyNPs, from A to I: [PyNPs] =  $6.8 \times 10^{-5}$  mol.L<sup>-1</sup>; [RF] = 0.0, 0.4, 0.8, 1.2, 1.6, 2.0, 2.4, 2.8, 3.2,  $3.6 \times 10^{-5}$  mol.L<sup>-1</sup> at 305 K.

between two components and the fluorescence resonance energy transfer<sup>24</sup>. Same set of experiment was repeated at another two different constant temperatures 310 K and 315 K. The quenching of fluorescence may be static or dynamic and can be recognized by temperature dependence studies. The proposed mechanism of FRET from SDS capped PyNPs to RF is shown in Scheme 1.

#### Stern-Volmer plots

The fluorescence quenching data at three different temperatures (305 K, 310 K and 315 K) were analysed by using Stern-Volmer equation<sup>2</sup>.

$$\frac{F_0}{F} = 1 + K_{sv}[Q] = 1 + k_q \tau_0[Q] \qquad \dots (1)$$



Scheme 1 — The proposed mechanism of FRET from SDS capped PyNPs to RF

where  $F_0$  and F are the fluorescence intensities of PyNPs in the absence and presence of quencher RF, respectively,  $k_q$  is the quenching rate constant,  $K_{sv}$  is the Stern-Volmer dynamic quenching constant,  $\tau_0$  is the excited state lifetime of the PyNPs in absence of RF ( $\tau_0 = 6.6 \times 10^{-9}$ s) and [*Q*] is the concentration of quencher i.e. RF. The quenching rate constants are expected to increase with increase in temperature for dynamic quenching while for static quenching reverse effect is observed.

The Stern-Volmer plots for PyNPs-RF system are shown in Fig. 6. The plots are linear with the slopes increasing with increase in temperature. The values of  $K_{sv}$  obtained from the slopes of lines at three different temperatures are given in Table 1. The values indicate that the probable mechanism of fluorescence quenching is of dynamic quenching involving interactions between two components. The values of quenching rate constants are calculated from the relation,

$$k_q = K_{sv} / \tau_0 \qquad \dots (2)$$

The calculated quenching rate constants, given in Table 1, are increased with temperature and supports conclusion of dynamic quenching in present system<sup>23</sup>.

#### Binding constants and binding sites

The binding of RF to PyNPs was determined by using the following equation<sup>11</sup>.



Fig. 6 — The Stern-Volmer plots at three different temperatures

Table 1 — Stern-Volmer quenching constants and quenching rate constants of the PyNPs-RF system at different temperatures

| $T(\mathbf{K})$ | $K_{sv}(10^{4} \text{ L.mol}^{-1})$ | $k_q (10^{12} \text{ L.mol}^{-1}.\text{s}^{-1})$ | *R     |
|-----------------|-------------------------------------|--|--------|
| 305             | 3.533                               | 5.359  | 0.9971 |
| 310             | 3.658                               | 5.542  | 0.9983 |
| 315             | 3.727                               | 5.646  | 0.9986 |
|                 |                                     |  |        |

\**R* is the correlation coefficient.

$$\log \frac{(F_0 - F)}{F} = \log K + n \log[Q] \qquad \dots (3)$$

where *K* and *n* are the binding constant and number of binding sites, respectively. The values of *K* and *n* were obtained from the plot of log ( $F_0$ -F)/F versus log [RF], as shown in Fig. 7. The calculated data for *K* and *n* are given in Table 2.



It is observed that the binding constant (*K*) decreases with rise in temperature as per expectation. The values of *n* approximately equal to one indicated the existence of only a single binding site on PyNPs. The correlation coefficients are larger than 0.998, indicating that the interaction between PyNPs and RF agrees well with the site binding model based on Eqn  $3^{25}$ .

#### Thermodynamic parameters and nature of the binding forces

The thermodynamic parameters of binding interaction are the main evidences for confirming the binding force. If the condition where enthalpy changes  $(\Delta H)$  does not vary significantly over the temperature range of experiments, then its value and that of entropy change  $(\Delta S)$ , free energy change  $(\Delta G)$  can be determined from the van't Hoff equation.

$$\ln K = -\frac{\Delta H}{RT} + \frac{\Delta S}{R} \qquad \dots (4)$$

and 
$$\Delta G = \Delta H - T \Delta S$$
 ... (5)

where K is the binding constant at corresponding temperature and R is the gas constant<sup>26</sup>. The enthalpy change  $(\Delta H)$  and entropy change  $(\Delta S)$  were obtained from the slope and intercept of the line obtained in van't Hoff plot of ln K versus 1/T, shown in Fig. 8.



The values of thermodynamic parameters i.e.  $\Delta H$ ,  $\Delta S$  and  $\Delta G$  are listed in Table 3. The negative values of  $\Delta H = -106.726$  kJ.mol<sup>-1</sup> and  $\Delta S = -239.318$  J.mol<sup>-1</sup>K<sup>-1</sup> indicate that the hydrogen bonding and van der Waal's forces are the major interacting forces. Also, the binding is mainly enthalpy-driven and the entropy is unfavorable for it<sup>27</sup>. Hydrogen bonds are specific and directed. These are probably best identified through their negative enthalpy formation<sup>28</sup>. The negative value of  $\Delta G$ reveals that the interaction process is spontaneous.

#### Energy transfer between PyNPs and RF

In order to know more details about energy transfer, the efficiency of energy transfer (E) and the interaction distance (r) between donor and acceptor can be calculated by using Förster's theory. This is a non-destructive spectroscopic method that can monitor the proximity and relative angular orientation of fluorophores.

A transfer of energy could take place through direct electro dynamic interaction between the primarily excited molecule and its neighbours<sup>29</sup>. According to this theory, the binding distance between PyNPs and RF could be calculated by the equation<sup>30,31</sup>.

$$E = \frac{R_0^0}{R_0^6 + r^6} \qquad \dots (6)$$

$$R_0^6 = 8.79 \times 10^{-25} K^2 . n^{-4} . \phi_d . J$$
(7)

$$E = 1 - \frac{F}{F_0} \qquad \dots (8)$$

where E denotes the energy transfer efficiency,  $R_0$  is the critical distance at which the transfer efficiency equals to 50% and r is distance between the donor and acceptor pairs. In Eqn (7),  $K^2$  is the spatial orientation factor for the donor and acceptor dipoles and  $K^2$  is usually assumed to be equal to 0.667, which is appropriate for dynamic random averaging of the donor and acceptor positions<sup>32</sup>. n is the refractive index of the medium,  $\phi_d$  is the fluorescence quantum yield of the donor (PyNPs) in absence of acceptor, J is the spectral overlap integral between the emission spectrum of donor and the excitation spectrum of acceptor. Under these experimental conditions, using n = 1.336,  $\phi_d = 0.467$  (fluorescence quantum yield of PyNPs calculated based on the reference method with quinine sulphate as the fluorescence standard<sup>33</sup>) and  $J = 0.4824 \times 10^{-13} \text{ cm}^3 \text{ L.mol}^{-1}$  the value of E = 0.3406and  $R_0 = 40.18 \text{ Å}$  has been estimated. The value of  $R_0$  less than 50 Å is an indication of efficient energy transfer between the donor-acceptor pair<sup>34</sup>. Also, value of r = 4.48 nm which ranges in between 2-8 nm scale indicates that the energy transfer from PyNPs to RF occurs with high probability<sup>35</sup>.

#### Analysis of RF from pharmaceutical samples

The RF is available in the form of tablets and injections. Therefore, the proposed quenching method was applied for estimation of RF (vitamin  $B_2$ ) in

pharmaceutical samples namely CoBadex Forte capsule and Polybion injection. For the analysis purpose, both are dissolved separately in ultrapure water and diluted to the required volume by the same solvent. Then, this solution was used for the quenching experiment along with the standard set given in experimental section. The calibration plot for the determination of RF is constructed by plotting  $F_0/F$  versus RF concentration as shown in Fig. 9.

The plot depicts a good linear relationship between the fluorescence quenching intensity and concentration of RF, with a correlation coefficient (*R*) of 0.9921. The corresponding linear regression equation is y = 0.3306 x + 1 and was used to calculate unknown concentrations of RF from pharmaceutical dissolutions. The results obtained are in good agreement with certified values given in Table 4. The



Fig. 9 — Calibration graph for analysis of RF from pharmaceutical samples

| Sample  | Composition                         | Amount of Riboflavin |                 | RSD (%) |
|---|-------------------------------------|----------------------|-----------------|---------|
|   |                                     | Certified value      | Found*          | _       |
| Polybion (2 ml)                                   | Thiamine hydrochloride IP 10 mg     | 4.00 mg              | 3.968 mg        | 1.023   |
| (Injection of vit. B complex with vit. $B_{12}$ ) | Riboflavin Sodium Phosphate IP 4 mg | (per injection)      | (per injection) |         |
| (Merck limited, Usgaon, Ponda,                    | Pyridoxine hydrochloride IP 4 mg    |                      |                 |         |
| Goa-403 407)                                      | Nicotinamide IP 40 mg               |                      |                 |         |
|   | Cyanocobalmin IP 8 µg               |                      |                 |         |
|   | D-Panthenol IP 6 mg                 |                      |                 |         |
| CoBadex Forte Capsule                             | Thiamine mononitrate IP 10 mg       | 10.00 mg             | 9.945 mg        | .411    |
| (GlaxoSmithKline Pharmaceutical Limited)          | Vitamin B <sub>2</sub> IP 10 mg     | (per capsule)        | (per capsule)   |         |
|   | Nicotinc acid IP 100 mg             |                      |                 |         |
|   | Calcium pantothenate IP 50 mg       |                      |                 |         |
|   | Vitamin B <sub>12</sub> IP 15 µg    |                      |                 |         |
|   | Vitamin $B_6$ IP 3 mg               |                      |                 |         |
|   | Vitamin C IP 150 mg                 |                      |                 |         |
|   | Folic acid IP 1500 µg               |                      |                 |         |
|   | Biotin USP 100 µg                   |                      |                 |         |
| * Average of five determinations                  |                                     |                      |                 |         |

limit of detection (LOD) of the method was  $10.163 \times 10^{-5}$  mol.L<sup>-1</sup>, calculated by the equation LOD = (3 $\sigma$ /k), where  $\sigma$  is the standard deviation of the y-intercept of the regression lines and k is the slope of the calibration graph<sup>36</sup>. Thus, the proposed method is very simple, selective and reproducible for analysis of pharmaceutical samples containing RF.

# Conclusions

The molecular interactions between PyNPs and RF are investigated by using fluorescence resonance energy transfer. So, it is conclusively said that they undergo significant interactions in the excited state and weak interactions in ground state. Again, on the basis of Försters energy transfer mechanism, energy transfer parameters have been evaluated. The fluorescence of PyNPs was quenched by RF and proved the validity of Stern-Volmer relation. The temperature dependence study revealed the Stern-Volmer quenching constants and quenching rate constants, both increases with rise in temperature, indicating the dynamic quenching mechanism in present system. The thermodynamic parameters  $\Delta H$ ,  $\Delta S$  and  $\Delta G$  at different temperatures were calculated and results indicated that the hydrogen bonds and van der Waal's interactions are the major binding forces. The binding distance r = 4.48 nm between PyNPs-RF was obtained according to FRET which indicated high probability of energy transfer. The analytical method is developed and applied successfully to estimate RF directly from pharmaceutical formulations by using quenching mechanism

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