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Traditional cultivation and management practices of agarwood (*Aquilaria malaccensis*) in Golaghat district of Assam

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A few plant species of the Thymelaeceae family are highly valuable and demanding because it contains resinous oil in their stem, branches, and roots. Agarwood (Aquilaria malaccensis) is one of them, which is found primarily in Assam and adjoining region of North Eastern parts of India as well as in other countries of South and South East India. In Assam, the plant is profusely cultivated in Golaghat, Jorhat and Sivasagar districts. Naturally, stem of the older plant is infected by fungal consortia via the holes made by stem borer. The blackish infection appears inside the stem along the line of the borer tunnel and valuable resinous oil can be extracted through water distillation from the black, infected wood. The agar oil has great demand in international market and is used in manufacturing perfume, incense stick, fragrant smoke, and pharmaceuticals industry. Since ancient time, people of this region have been cultivating Aquilaria with the methods adopted from traditional knowledge and found better success of infection and oil yield. Documentation of this traditional knowledge of Aquilaria malaccensis is of significant importance for promoting its cultivation among the people of this region before the knowledge is lost forever. The knowledge will also be useful for developing scientific method of commercial cultivation of this perennial tree. In this paper, we are discussing the traditional method of cultivation of Aquilaria malaccensis including seedling preparation, cultivation, intercropping and management practices. Agar is propagated through seeds for growing healthy seedlings; and cultivation practices of the plant are of utmost concern for harvesting valuable oil. Extensive field survey has been conducted at Golaghat district of Assam, India to document the method of cultivation and management practices of the plant. The results obtained from the field study were analyzed and interpreted for understanding the importance of this traditional cultivation practice.

Keywords: Aquilaria malaccensis, Agar, Traditional knowledge

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Aquilaria malaccensis Lam. plant belongs to the family Thymelaeaceae and it has a high demand in the market as it contains resinous oil which is developed in the plant stems. Northeast India is a rich source of Aquilaria which is commonly known as "Agar" or "Xashi". The natural populations of Agar are primarily found in South and South East Asia and in India it occurs primarily in foothills of northeastern states such as (Assam, Arunachal Pradesh, Nagaland, Meghalaya, Mizoram, Manipur, and Tripura) as well as West Bengal. In the Middle East Asia and India, it is used since 2000 years in the medicine and perfume industry, as well as various religious ceremonies. Because of the high demand, people are exploiting these plants from natural vegetation resulting in decline in Aquilaria malaccensis population from natural habitat¹. The formation of highly important Agar in Aquilaria is supposed to be associated with the plant stress and act as a defensive agent against wounding and microbial infections². It is evident that Assam is famous for tea cultivation, and after tea, "agarwood" may be used as a cash crop to increase the farmer's income as it's cultivation is easy and cost-effective, and has intercropping adaptations. Therefore, in future, agarwood cultivation may creat another "Green Revolution". So agarwood may help in creating "Green Revolution"³. To stave off the unendurable harvesting of Aquilaria genetic resources, the species has been listed in Appendix II of the Convention on International Trade in Endangered Species of Fauna and Flora (CITES)⁴. The plant is also in IUCN Red List (2014) as

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vulnerable species due to its over exploitation from natural vegetation. IUCN (2014) Red List listed this species as vulnerable based on the decrease of at least 20% over three generations because of over exploitations that lead to the declined in the population of natural vegetations⁵. So, the knowledge propagation, of agarwood plant regeneration, cultivation, and management biology is extremely desired for the rising protocols for developing significant plantations⁶. The first step for increasing the supplies of agarwood is to boost the accessibility of Aquilaria plant to meet the demand. Successful seed storage of Aquilaria is difficult because it bears recalcitrant seeds which are cold as well as drying sensitive and lose viability rapidly once exposed to the outside environment. Agar plants are important when plants are infected naturally by the insect Zeuzera conferat Walker which leads to the development of resins in plant stems. When resins are developed in the plant stems, it becomes black in color called as black wood or infected wood which has a high demand in the market. Until and unless infections have not occurred wood remains white in color. In some places, where a natural infection does not occur, people go for artificial infection/wounding such as scratching on the stem etc., *i.e.*, by giving external stress; to overcome which, the stressed plants develop some secondary metabolites called as stress aroma resulting in good fragrance, and thus great demand. Thus, our present study is primarily focused on the standardization of packages and practices of agarwood cultivation in Assam. Agarwood is propagated through seeds due to its high market demand. For the prorogations of agarwood cultivation in Assam, development of good quality nursery practices, producing good quality seedlings, and management of agarwood farm is utmost important.

Materials and Methods

Study site

A comprehensive survey of agarwood plant was conducted during 2019-2021. The survey sites were in different places of Golaghat district of Assam, as shown in the Map, Fig. 1 (26 °41'60.00"N to 93 58'12.00"E; 26° 31'00.1" N to 93 ° 58'00.1" E; 26 ° 35'57.48"N to 94°1'28.2" E) India. The study sites were selected where large-scale agar plantations were found in each location. 25 number of selected household were visited for survey and data collection. Some people used to cultivate purely Aquilaria and some other people preferred mixed cultivation i.e. along with agar they cultivated other plants such as tea, areca nut, banana, etc. Standardization of agarwood cultivation was done by interacting with the local growers and was also authenticated through field visits at different areas of the Golaghat district of Assam. Although it is a perennial plant, complete study of its life cycle is not possible within a short duration as plants take almost 8-15 years for maturation. So, data was collected from the traditional practices used by the agarwood growers. Data was also collected by some secondary resources like review of literature, electronic and nonelectronic media.



Fig. 1 — Study area

Optimization of appropriate climatic conditions and land required for cultivation of *Aquilaria*

The Agarwood plant cultivation prefers high humid conditions. These are grown well in sub-tropical climatic conditions and require average annual rainfall in the range 1800-3500 mm⁷. Although it grows well above the sea level up to 1000 m altitudes, it is also a sun-loving plant and requires a lot of sunshine for its proper growth and development. It prefers well-drained deep sandy loam which is rich in organic matter but can also profitably be grown in marginal soils and also in shallow soils over rocky beds with cracks and crevices. They prefer to grow well in hill slopes as water logging conditions are not recommended for their cultivation. They prefer to grow in the acidic soil conditions, with the average temperature range from 20°C to 33°C required for their proper development⁷. Although Aquilaria trees can be grown well in different forests and ecosystems but the environmental conditions such as characteristics and fertility of the soil influence their growth and development. The required average temperature for growing the sapling ranges from 20-33°C, required relative humidity ranges from 77-85% and required light intensity is between $56-75\%^7$. Soil is one of the components which influence the growth of agar plants and affect initiation of natural infections. Some previous experiments reveal that there is an interrelation between the natural infections of agar trees with different soil parameters. Natural infection was primarily found in soils with pH range in between 4.3-5.2, and soil texture also plays an important role for natural infections. Finer the soil texture primarily clay loam to loam and medium to high soil organic carbon content, favorable is the conditions for natural infections. Soil organic carbon was recorded medium range in both Nahoroni in Golaghat district and Namti in Sivsagar District soils and it showed a significant difference in natural infections⁸.

Aquilaria plant propagation

Aquilaria is propagated through seeds. So the collection of good quality seeds and their propagation is of utmost concern. The species can also be propagated through cuttings and tissue culture methods⁹. However, it is a costly and laborious process for common people. Traditionally people follow the seed germination procedure which is easy and cost-effective. Preparing good quality of seedlings and their maintenance is important for the

development of good quality agar. Mature fruits were collected from the plant and seeds were taken out by splitting the fruit. Seeds were sown immediately after collection as they lost their viability within a short time.

Flow diagram of growing Aquilaria seedlings and their management practice

Mature fruits collected during the month of June -August

Preparation of nursery bed by mixing soil and cow dung at the ratio of 1:3, add some coco peat for soil aeration

Harrowing at 3-4 days intervals and it exposed in the direct sunlight for a minimum of 2 weeks

Preparing a shade above the bed so that rainwater and direct sunlight wouldn't harm the seedlings

Putting the mixture of soil and cow dung in small polybags (Size is 20 cm \times 13 cm and 17 cm \times 13 cm)/can directly be sown in the seedbed at a distance of 6×6 cm

Watering may be done at 2-3 days intervals depending on weather and its requirements

Germination start after 15-25 days

Taking proper care by observing day to day and weeding is necessary to get healthy seedlings

After 1.5 years, they attain a height of 20-30 cm from the soil and are ready for field transfer

Removing the polybags and digging a 1.5 feet round hole and adding cow dung, putting the seedlings at a distance of 1.5-2.5 m

Next year organic fertilizer, cow dung can be applied in the field. If the soil is not fertile, NPK can be added when the plant is in between 2-3 years

After 7-8 years they are ready for harvesting depending on natural infections

If it is not naturally infected people can use artificial infection

Processing

Marketing

Seed collection

Aquilaria starts flowering in the month of March-April, starts producing seeds in the month of April-June, and fruits mature in the months of July-August. In the months of July/Aug fruits are ready for collection. Fruits should be collected from mature Aquilaria trees. When fruits are mature they burst and seeds come out. The maturity of the capsule can be judged by observing the ease of splitting of the capsule by applying pressure between two fingers. It was recorded that 70.5% of fruits contain two seeds and the rest are one-seeded¹⁰. Fruits should be dried under shade for two days before the extraction of seeds. When seeds are transported to long distances, well-ventilated cotton cloth bag should be used. One kg of fruit yield almost 1300 seeds. Fruit length of one and twoseeded fruits are 26.82 mm and 30.30 mm, and breadth is 17.60 mm and 19.09 mm, respectively. Seed length, breadth, and weight also vary in one and two-seeded fruits. Single seed obtained from a fruit is smaller with 15.26 mm in length, 5.34 mm in breadth and 0.113 g in weight, while in case of two seeds per fruit, the length of seed is 16.15 mm, breadth is 5.53 mm and weight is 0.112 g. Length of one and two seeded seed was found 15.26 mm to 16.15 mm, breadth is 5.34 mm to 5.53 mm and seed weight is 0.113 g to 0.112 g Individual seed weight ranges from 29 to 135 mg, and seed weight has a strong effect on germination. The shelf life of the seed is only 5-14 days¹¹. On a fresh weight basis, the average seed moisture content was found to be 56.3%. Some researchers reported that the heavy seeds had a higher germination rate in comparison to the light seeds. In many tropical species, superior and earlier germination found in heavier seeds^{12,13}.

Sometimes, ambiguous outcome have also been reported in many other species and germination might be not dependent on the seed weight¹⁴. Therefore, sowing of heavy seeds of over 80 mg fresh weight is recommended¹⁵. In another study, physical viability test was done by its weight and floating technique and it was found that germination percentage increases with increase in seed weight; heavier seeds also need less time for germination likewise seedling growth parameters are also found better with heavy seeds as compared to those seeds which floated and considered as nonviable. Germination started after 7 days of sowing and continued up to 45 days¹⁰.

Preparation of seedbed and its handling

Aquilaria seeds are recalcitrant, and rapidly lose viability below 20% moisture content. The seed cannot be stored for a longer period as its endosperm and embryo dry up and become nonviable and should be sown within 2-5 days after collection. Storing in the refrigerator at (4°C) may prolong the viability up to 20-25 days. The seeds do not require any pretreatment. As mentioned earlier, seeds are highly recalcitrant and are highly sensitive to the moisture and drought. Seeds beds are prepared by mixing the soil, dry cow dung, and coco peat. Coco peat helps in proper oxygenations and aerations. Seeds are shown in 6×6 cm distance from each, otherwise, can be directly placed into the polybags (as per choice). Seeds placed at top layers of the soil should be slightly pressed into the soil. Seeds are propagated in the monsoon season to avoid excess water. The seedbed is prepared under a shade to obtain more effective result. After 10-15 days, seeds start to germinate with emergence of plumule (shoot) and radicle (root).

Plantations procedure

After 1-1.5 years seedlings attain a height of 20-25 cm and are considered ready for plantation. The plantation is done by the following procedure:

- By digging 1.5 feet round hole under the ground and applying organic manure up to the level of 0.5 feet and planting the seedlings.
- Seedlings are transplanted before attaining the height of 60-100 cm, after that root coiling is found in the polybags, and the survival rate decreases. So older seedlings are not advisable for plantation.

- The standard spacing of the planting of seedlings is 1.5-2.5 m.
- To avoid water logging conditions, plantation should be done in incline areas; otherwise, proper drainage system must be maintained.
- They are the fast-growing plants and within 5-6 years can achieve 10 cm Diameter at breast height (DBH).
- They require adequate moisture and are also sunloving trees.
- Preferable seasons for plantations are in April-June.

Manure and fertilizer

Organic manures are a good source of plant nutrients that are obtained from the plant and animal wastes. Plant and animals release their nutrients after decomposition and it is mixed with the soil and again plants absorb those nutrients for their growth and development. Collecting, processing and using wastes from different sources like animals, human, and plants for increasing crop production is an old process in agricultural system. Manures that are derived from animal, human, and plant residues called as organic manure which contains plant nutrients in complex forms. Major sources are:

- 1. Cattle shed wastes, dung, urine, etc.
- 2. Agricultural wastes product such as rice, sugarcane trash, stubbles, and other related material
- 3. Water hyacinth, different types of weeds etc.

Plant protection

Agarwood plants are attacked by leaf pests known as *Heortia vitessoides* Moore during summer season (June-August). *H. vitessoides* Moore cause damages on the agar plant leaves and tender stalk. For removing pests, people commonly use some biopesticides. Chemical pesticides are harmful to the plants as well as to the environment.

The cost-benefit ratio of the seedlings

Growing *Aquilaria* seedlings is not a costly process. People can sell the seedlings at Rs. 10-15/- (INR). 1000 seedlings can Rs. 10,000-15,000 (INR). Labor cost and other requirements such as buying polybags etc. will cost Rs. 2,000-3,000 (INR). So, net profit will be at least Rs. 8000-12000 (INR) for 1000 seedlings.

Harvesting and yield

For harvesting, it takes a minimum of 8 years. Natural infections start at the age of 7-8 years and it will continue up to 25-35 years after that infection rate decreases. Harvesting is generally done when the plant is infected naturally by the insect Zeuzera conferata. The life cycle of the insect is confined in the Aquilaria plants only. The average yield from a single resinous tree is 4 kgs of resinous wood depending on the rate of infections. The current price of agarwood is Rs. 50,000.00 to 2,00,000.00 depending on their quality and quantity. In some areas, natural infection does not occur; in that case people use artificial inoculation techniques. Among the artificial infection, the most common method is by nailing the plants at the age of 8-10 years after that they are kept in the field for 2-3 years for the development of stress aroma. But the quality of agar is different from the naturally infected plants. Artificially infected agar is considered as an inferior quality.

Intercropping of *Aquilaria* with tea and other plants in Upper Assam for doubling of farmers income

Assam is known as the tea producing state of India. Along with tea, if people can cultivate agarwood, it will increase their economy. Although the Agar tree is evergreen so the canopy is spreading well and it allows partial penetration of sun rays through it, so it is widely used in tea gardens as a shading tree. It is a medium-sized tree and can also be cultivated with any other horticultural crops. Agar is a fast growing plant rapidly-rising plant, easy to cultivate and also cost-effective. Does not require much effort but annual weeding is necessary for growing healthy plants.

Basic information of Agar plantation (Source: Field survey 2019-2021)

- Season of seed sowing: March April
- Season of seedling plantation: June September
- The maturity period of agar plant harvested in natural method: 15 30 years
- The maturity period of agar plant harvested in nail method: 8 15 years
- The average height of a mature tree: 10 - 15 meter
- Favorable season of harvesting: October March
- Processing, oil extraction throughout the year
- Marketing throughout the year

Only 30% of people are involved in agar cultivation. People who are generally involved in agarwood cultivation belong to the age group of 30-45 years, and also only men are involved in agar cultivation in rural areas. Only 10% of people are taking up agar cultivation as their primary source of income. Also, we have seen less participation among the women. If women can be involved in agar cultivation then it may play a major role in woman empowerment. Educated and experienced people who are related to the agar cultivation and business should do awareness programmes so that common people can get benefited and their socio-economic status can be enhanced.

Problems faced by agar cultivar are discussed below

- ♣ Scarcity of good quality seedlings
- Lack of knowledge and training
- Credit in case of large scale plantation
- Risk factor sometimes because demands increase or decrease depending on the needs of international and national markets
- Takes a long time for infections, so farmers have to wait a long period for selling the plants

Discussion

Assam is considered as the capital of agarwood as Assam's topography is mostly suitable for agar cultivations. For promoting the cultivation of agarwood and considering its industrial importance, Government of Assam made a policy regarding promotion of Agarwood cultivation. Recently in the district of Assam. "Assam Golaghat Agar International Trade Center" was established. So it is a revolutionary initiative for the industries & commerce department of Assam. As per a report on "Agarwood Resource in Non-Forest Areas of Assam and its industry", published by Forest Department, Government of Assam and Green Initiatives Certification and Inspection Agency India Pvt. Ltd, Noida, the total number of Agarwood trees estimated in the non-forest areas of Assam is 1.433 million, and 91% of Agarwood trees are concentrated in 4 districts namely Jorhat, Golaghat, Sivsagar, and Hojai. The targeted area to be covered under Agar Block Plantation on Farmer's field is 1000 Ha per year which means 5000 Ha within 5 years. The targeted number of saplings to be distributed freely each year is 20 Lakh leading to 100 Lakh free sapling distribution within the policy validity period of 5 years. It is expected to plant at least 250 Lakh (2.5 Crore) saplings of Agar within 5 years³. However, germination time, germination percentage survival, and seedling growth are highly influenced by the quality of seed and seedling. Aquilaria seeds are

recalcitrant types of seeds that are greatly susceptible to drying conditions. Even if they are preserved, they are also cold-susceptible in storage and may result in failure of viability and germination as well as reduction in the physical growth and development of the saplings¹⁵. Aquilaria trees might be cultivated commercially in farms, home gardens and conventional for reforestation and afforestation purposes in the different regions such as hill forests and also other marginal soil lands where other plants may not survive. Aquilaria grew on marginal soil areas and below a broad range of soil conditions in which water logging condition must be avoided during plantation so it is recommended to do plantation in the degraded land as well. Aquilaria is a rapidly growing plant, require enough moisture for its survival, also grows up to the height of 10 cm DBH within 4 to 6 years. Aquilaria might be cultivated by intercropping with economically important wood trees such as rubbers, teak, tea, and any short term cultivated cash crops such as bananas, corns, black pepper, pineapples (Table 1,2,3,4 and Fig. 2) and lemongrass in many Southeast Asia countries¹⁶

| countries | |
|--|------------------------------------|
| Table 1 — Aquilaria intercropping along with herbs | |
| shrubs and tree | |
| Herbs (English Name) | Scientific names |
| Ginger | Zingiber officinale |
| Termeric | Curcuma longa |
| Lemongrass | Cymbopogon citratus |
| Garlic | Allium sativum |
| Coriander | Coriandrum sativum |
| Cauliflower | Brassica oleracea |
| Cabbage | Brassica oleracea var. capitata |
| Onion | Allium cepa L. |
| Colocasia | Colocasia esculenta var. esculenta |
| Potato | Solanum tuberosum |
| Peppermint | Mentha arvensis |
| water hyssop | Bacopa monnieri |
| Table 2 — Intercropping with shrubs | |
| Shrubs (English Name) | Scientific names |
| Tea | Camellia sinensis |
| Chilli | Capsicum annuum |
| pineapple | Ananas comosus |
| Citrus | Citrus sps. |
| Table 3 — Intercropping with trees | |
| (English Name) | Scientific names |
| Betel nut | Areca catechu |
| Guava | Psidium guajava |
| Areca Nut | Areca catechu |
| Teak | Tectona grandis |
| | |

Table 4 — Intercropping with climbersClimbers (English Name)Scientific namesBetel leafPiper betelBlack pepperPiper nigrumGiloiTinospora cordifoliaSkunk VinePaederia foetida



Fig. 2 A) — Aquilaria malaccensis flowering B) Fruits C) Seeds D). Germination initiations E) Showing Plumule and radicle F) Minimum size of the seedlings required for plantations G) Seedlings in the polybags H) Seedlings after three years I) Intercropping with areca nut J) Intercropping with beetle nut K) Intercropping with piper betel L) Intercropping with Tea O) Intercropping with Teak, M) Intercropping with Giloi N) Minimum Spacing required to maintain in Aquilaria plantations. (Source: Golaghat District Missamora).

Conclusion

Aquilaria plantation for agarwood production has been considered as a green 'gold mine' by agar planters. Aquilaria by-products are considered as black gold and its oils are considered as the liquid gold due to its high demand in the international markets. Many households of upper Assam are mainly based on Agarwood cultivation so it will encourage people to cultivate and regenerate more plants and it will help in the conservation of this plant as well as in increasing rural economy. Aquilaria seeds are recalcitrant i.e. they are not able to survive dehydration condition^{17,18}. Seeds should be sown directly after harvesting because it loose moisture content after storage which will result in declined germination percentages. the Some recalcitrant seeds found in the tropical and temperate region cannot be stored for longer periods without losing their viability¹⁹. 55.56% of the people in the area of Naharani in Golaghat District are involved in agarwood trading and cultivation, different age groups of the people involved in cultivation and marketing are in the age group of 20-40 years, income varies in each household from INR 3000/- to 50,000/- per month²⁰. Traditional knowledge serves as the basic tool for agricultural and scientific research, and based on the existing knowledge further research can be performed²¹. Cultivation practices of agar are easy, cost-effective, and highly profitable due to its high demand in the national and international markets. People can earn money every year by producing seedlings from the plants. So agar cultivation can increase the annual income of the agarwood growers. Assam government has taken up the initiative to promote the agar cultivation in different regions of Assam. Along with its by-product agar also has a lot of ethnomedicinal, ethnobotanical and pharmaceutical importance. To maintain the agar genotypic diversity, production of good quality seedlings is more important for the growers and for the researchers for maintaining conservation. Future researchers diversitv and can go for molecular study to improve the high yielding with high resin content plant so that it will help the economy of Assam as well as North East in near future.

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Conflict of Interest

The authors declare that there is no conflict of interest.

Authors' Contributions

Both the authors conceptualized and designed, verified the information and drafted the final manuscript. First author (JD) visited different location of Golaghat District, surveyed and collected the information, for preparation of the manuscript.

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